

**Hawlemont
Regional
School**



April 2010



Mon

Tue

Wed

Thu

Fri

Charlemont, MA

*Part of the
Mohawk Trail
Regional School
System.*

Breakfast served
everyday. We
offer a full salad
bar everyday
(unless noted)

**Rachel
Gammell- Chef
Manager
Mary Stafford-
Café Assistant**

Apply for free/
reduced priced
meals at any
time. Inquire in
the office

Phone:
413-339-8316

Although we strive
to provide exactly
what is on our
printed menus they
are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you
for your
understanding

29 "Breakfast for Lunch" Cheese Omelet Pancakes w/Syrup Fruit Milk	30 Lazy Lasagna Vegetables Garlic Bread Fruit Milk	31 Shepherd's Pie (Ground Beef, Mashed Potatoes and corn) Bread Fruit Milk	1 " <i>April Fool's Day</i> " Chicken Patty on a Roll Rice Vegetables Fruit Milk	2 Baked Macaroni and Cheese Seasoned Green Beans Bread Fruit Milk
5 Hamburger or Cheeseburger on a Bun Oven Fries Corn Fruit Milk	6 Baked Potato Bar w/ Cheese, Broccoli, and Diced Ham Bread Fruit Milk	7 Cowboy Macaroni (macaroni with ground beef and tomato sauce) Vegetables Bread Fruit Milk	8 Grilled Cheese Sandwich Tomato Soup Fresh Veggies Fruit Milk	9 Hawlemont Pizza Vegetables Fruit Milk
12 Ham and Cheese Sandwich on Homemade Bread Corn Chowder Vegetables Fruit Milk	13 Fish Sticks Oven Fries Vegetables Fruit Milk	14 Spaghetti with Meat Sauce or Marinara Sauce Garlic Bread Green Beans Fruit Milk	15 Tuna Fish Sandwich on Homemade Bread Vegetables Pretzels Fruit Milk	16 Baked Chicken Mashed Potatoes Vegetables Bread Fruit Milk
19 " <i>Boston Marathon</i> " " <i>Patriot's Day</i> " NO SCHOOL	20 April Vacation NO SCHOOL	21 April Vacation NO SCHOOL	22 " <i>EARTH DAY</i> " April Vacation NO SCHOOL	23 April Vacation NO SCHOOL
26 Steamed Hot Dog on a Bun Baked Beans Vegetables Fruit Milk	27 Pasta with Meat Sauce or Marinara Sauce Vegetable Bread Fruit Milk	28 Soft Tacos Cheese, Lettuce, Tomato Salsa Rice Fruit Milk	29 Turkey and Cheese Stromboli(stuffed homemade bread) Sun Chips Vegetables Fruit, Milk	30 " <i>ARBOR DAY</i> " Baked Macaroni and Cheese Vegetables Bread Fresh Fruit Milk



**APRIL IS "KEEP AMERICA
BEAUTIFUL"
MONTH**



**APRIL IS ALSO "NATIONAL MATHEMATICS
EDUCATION" MONTH**

