



*Part of the Mohawk Trail
Regional School System.*

Breakfast served
everyday.

**Jennifer Shaw
Cafe Manager
Jessica Torrey
Café Assistant**

Apply for free/reduced
priced meals at any time.

Phone: 413-625-2521
Fax: 413-625-2034

Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your
Understanding

The USDA and this
institution are equal
opportunity providers
and
employers

26 Cheese Ravioli

WG Roll
Broccoli
Fruit
Milk

No Salad Bar

27 Turkey Sandwich

Cheese, Lettuce & Tomato
Baked Chips
Fruit
Milk

No Salad Bar

28 Meatball Sub

Baked Chips
Carrots & Celery
Fruit
Milk

29 Hot Dogs

WG Bun
Baked Beans
Carrot and Celery
Fruit
Milk

1 Cheese Pizza

Garden Side Salad
Fruit
Milk

4 Spaghetti W/ Meat Sauce

WG Roll
Garden Side Salad
Fruit
Milk

5 Chicken Patty Sandwich

WG Bun
Lettuce and Tomato
Fries
Fruit
Milk

No Salad Bar

6 Ham & Cheese

Lettuce & Tomato
Baked Chips
Carrots & Celery
Fruit
Milk

*No Salad Bar
Release 1:50*

7 Mac N Cheese

WG Roll
Green Beans
Fruit
Milk

8 Baked Potato

Chili & Cheese
Broccoli
Fruit
Milk

11 Turkey Gravy

WG Roll
Mashed Potato
Mixed Vegetable
Fruit
Milk

12 Soft Taco

WG Tortilla
Cheese, Lettuce & Tomato
Refried Beans
Fruit
Milk

13 Bologna Sandwich

Baked Chips
Three Bean Salad
Fruit
Milk

Release 1:50

14 Hamburger

Cheese, Lettuce & Tomato
Fries
Fruit
Milk

15 Fish Sandwich

Cheese, Lettuce & Tomato
Fries
Carrots & Celery
Fruit
Milk

18 Cheese Pizza

Garden Side Salad
Fruit
Milk

No Salad Bar

19 Nachos

WG Chips
Cheese, Lettuce & Tomato
Refried Beans
Fruit
Milk

No Salad Bar

20 Chicken Nugget

WG Roll
Fries
Corn
Fruit
Milk

No Salad Bar

21 WG Breadstick

Filled with Cheese
Marinara Sauce
Broccoli
Fruit
Milk

*Release 12:30
No Salad Bar*

22 Sun Butter Jelly Sandwich

Baked Chips
Carrots & Celery
Fruit
Milk

*Release 12:30
No Salad Bar*

25 Meatball Sub

Baked Chips
Carrots & Celery
Fruit
Milk

26 Chicken Fajita

Cheese, Lettuce & Tomato
Refried Beans
Fruit
Milk

27 Pulled Pork Sandwich

Baked Chips
Carrots & Celery
Hummus
Fruit
Milk

Release 1:50

28 Turkey Sandwich

Cheese, Lettuce & Tomato
Three Bean Salad
Fruit
Milk

29 Grilled Cheese Sandwich

Tomato Soup
Carrots & Celery
Fruit
Milk